

Sinasprite

Help your employees and families find their happy.

Empower your people through improved mental health, resilience, and well-being with a holistic mental health digital therapeutic.

Support them through difficult times with a proven, safe, and fun self-healing experience that connects generations.



Reimagining Mental Health Support

Clinical Validation

[Learn more](#)

Peer-reviewed evidence that usage translates into higher productivity and workplace participation during challenging times.

Family friendly Experience

[Learn more](#)

A holistic approach that appeals to multi-generations that introduces a range of evidenced-based skills.

Improve Culture

[Learn more](#)

Unique data to help with burnout, plan design, and deliver custom programming.

Improve Employee Engagement and Retention

Multi-player experiences that help meaningful connections worldwide.

Results

“I will never stop using this app...it has saved my life numerous times. It reminds me that I have worth, and I can pull myself from the depths...it’s like taking my daily medications..... using this app alongside professional help reinforces what [I’m] learning.”

2-10x

User retention above industry average

55%

Reported clinically meaningful outcomes in anxiety and depression symptoms

13x

Enrollment above EAP

8x

ROI: Double industry benchmarks

Winner of 30+ Global Health Awards



U.S. Surgeon General